

God, grant me the Serenity to
accept the things I cannot
change,
Courage to change the
things I can, and Wisdom to
know the difference.

When anyone, anywhere
reaches out for help, let the
hand of Al Anon and
Alateen always be there.
And let it begin with me!

Al Anon Declaration

Though we may never be
perfect, continued
spiritual progress will
reveal to us our enormous
potential. We will discover
that we are both worthy of
love and loving. We will
love others without losing
ourselves, and will learn to
accept love in return. Our
sight once clouded and
confused, will clear and we
will be able to perceive
reality and recognize
truth. Courage and
fellowship will replace
fear.

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Meeting in Ocean View

Ocean View Al Anon

DAY: Thursdays
TIME: 5:00 to 6:00 PM
PLACE: St. Jude's Episcopal Church
CONTACT: 935-0971 (for contact info)

Alateen

DAY: Mondays
TIME: 7:00 to 8:00 PM
PLACE: St. Jude's Episcopal Church
CONTACT: 935-0971 (for contact info)

Meetings in Waimea

Al Anon for Those who Love Alcoholics

DAY: Tuesdays
TIME: 5:30 to 6:30 PM
PLACE: Tutu's House, Waimea
CONTACT: 935-0971 (for contact info)

Kamuela Al Anon Family Group

DAY: Thursdays
TIME: 7:00 to 8:00 PM
PLACE: 1st Baptist Church of Waimea
CONTACT: 935-0971 (for contact info)

Meetings in Waikoloa

Waikoloa Al Anon Family Group

DAY: Wednesday from 7:30 to 8:30 PM
DAY: Saturday from 9:00 to 10:00 AM
PLACE: Waikoloa Community Church
CONTACT: 935-0971 (for contact info)

Meetings in Kohala

Puako AFG

DAY: Tuesdays
TIME: 7:00 to 8:00 PM
PLACE: Holuloa UCC, Puako
CONTACT: 935-0971 (for contact info)

Meetings in Kohala Con't

North Kohala AFG

DAY: Mondays
TIME: 7:00 to 8:00 PM
PLACE: St. Augustine Episcopal Church,
Kapa'au
CONTACT: 935-0971 (for contact info)

Meetings in Kailua-Kona

Sunday Woman to Woman Step Study

DAY: Sundays
TIME: 5:00 to 6:00 PM
PLACE: Junior Music Academy
74-5605 Alapa Street, Suite 105
CONTACT: 935-0971 (for contact info)

Monday Miracles

DAY: Mondays
TIME: 6:00 to 7:00 PM
PLACE: West Hawaii Community Health
Center
CONTACT: 935-0971 (for contact info)

Kailua-Kona Family Al Anon

DAY: Tuesday
TIME: 12:30 to 1:45 PM
PLACE: Lutheran Church of the Holy
Trinity
CONTACT: 935-0971 (for contact info)

Tuesday Night Book Study

DAY: Tuesdays
TIME: 6:30 to 7:30 PM
PLACE: Kona Baptist Church
CONTACT: 935-0971 (for contact info)
Childcare provided by the Group
This is an Open meeting

Meetings in Kona Con't

As We Understood AFG

DAY: Wednesdays
TIME: 7:00 to 8:00 PM
PLACE: Alano Club, Brewery Block
Makai building (old YMCA)
CONTACT: 935-0971 (for contact info)

Kona Recovery Group

DAY: Thursdays
TIME: 6:30 to 7:30 PM
PLACE: Junior Music Academy
(See Sunday Woman to Woman)
CONTACT: 935-0971 (for contact info)

Friday Night Beginner's Meeting

DAY: Fridays
TIME: 7:00 to 8:00 PM
PLACE: Unity Church @ Kona Center
CONTACT: 935-0971 (for contact info)

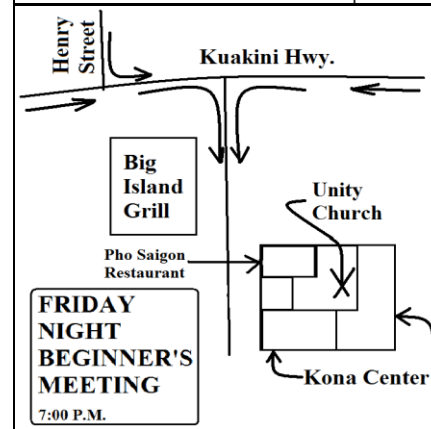
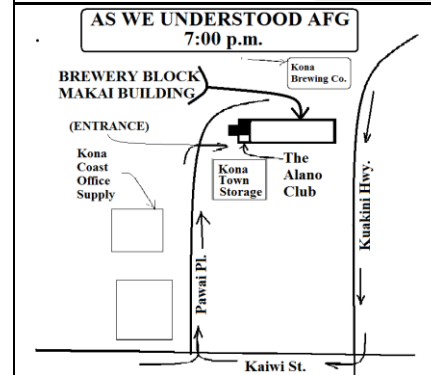
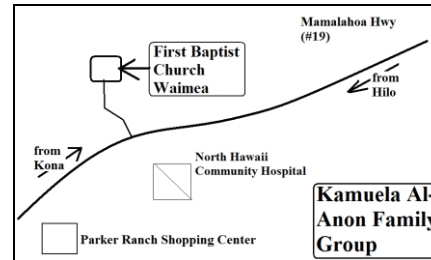
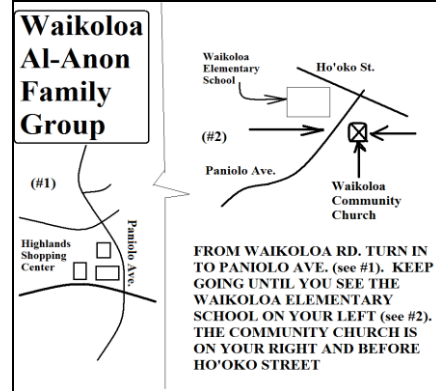
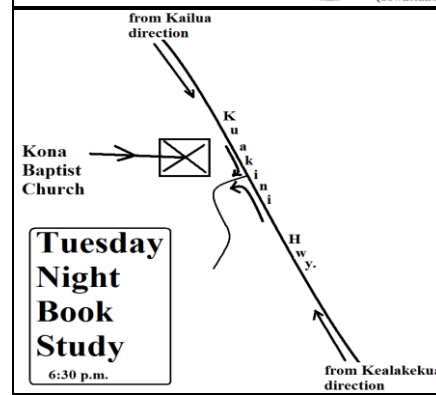
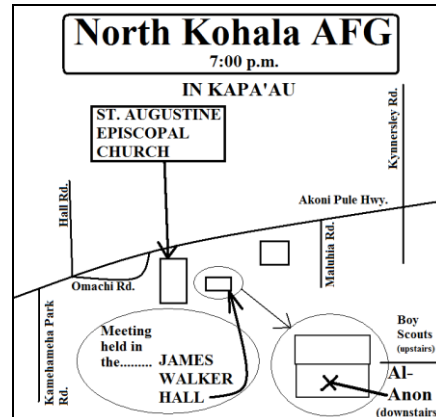
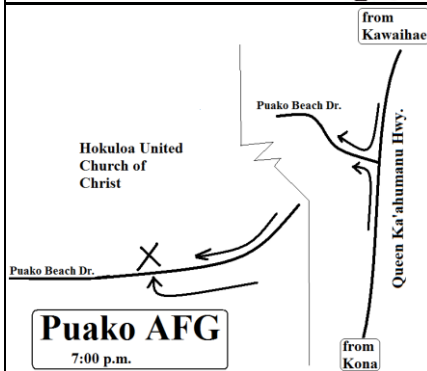
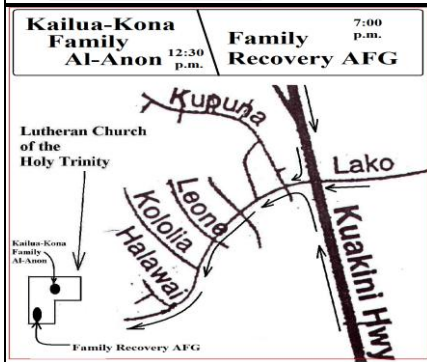
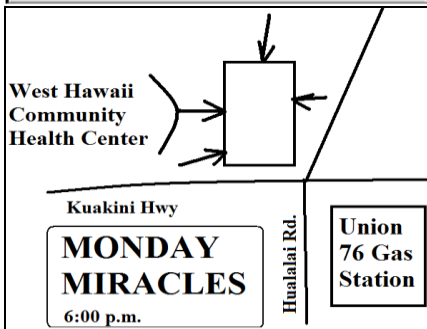
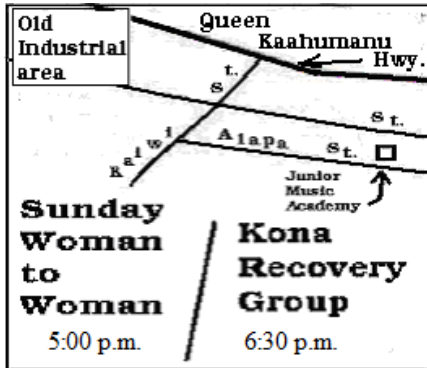
Family Recovery AFG

DAY: Fridays
TIME: 7:00 to 8:00 PM
PLACE: Lutheran Church of the Holy
Trinity
CONTACT: 935-0971 (for contact info)

Alateen

For information please call
935-0971 (for contact info)





West Hawaii Al-Anon Family Groups Meeting Schedule

(Updated: November 1, 2011)



Helpful Contact Information
Hawaii Area Al Anon Website
<http://www.afghawaii.org>

24 Hour Meeting Schedules
Big Island 935-0971
Oahu 593-3977
Maui 242-0296
Kauai 246-1116

Al Anon World Service Office
www.alanon.alateen.org
or email

wso@al-anon.org
West Hawaii District 7 Business Meetings are held the 3rd Wednesday of each month at 5:30 PM at West Hawaii Community Health Center 75-5751 Kuakini Highway, Kailua-Kona.