

# Al-Anon and Alateen Contact Information

## In Hawaii:

Web: [www.afghawaii.org](http://www.afghawaii.org)

## Meeting Info

O`ahu: ----- 808-546-5647

Hawai`i:----- 808-935-0971

Kaua`i: ----- 808-246-1116

Maui: ----- 808-242-0296

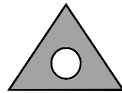
## World Service Office:

Web: [www.al-anon.alateen.org](http://www.al-anon.alateen.org)

Email: [wso@al-anon.org](mailto:wso@al-anon.org)

Phone: 757-563-1600 or

800-344-2666



# Island Serenity

Hawai`i Al-Anon Family Groups' Newsletter

## Delegate's Corner

Aloha, All,

Every four years, our country elects a President. In Al-Anon, every three years we rotate our leaders, from the Group Representative to the Delegate. As we as individual citizens are concerned about who will fill a most important leadership position in our country, we as members in Al-Anon should be thinking about how we can best serve our fellowship and whom we place in our service positions.

This fall, groups will be electing new Group Representatives, Districts will be selecting their District Representatives, and at the Fall Area Assembly in Kona, Group Representatives will vote for a new slate of officers as well as elect a new Delegate. Each position is crucial to ensuring that the links of service and communication between the World Service Office and the groups it services are effective.

How important is your recovery to you? How important is Al-Anon to you? Is it important enough to make it a priority in your life? It is said that one can tell what you truly believe by how much time you give

it. As much as people don't want to hear it, Al-Anon has a business side, and without volunteers to carry out that work, our fellowship would not be able to flourish and reach those families across the

world who are still suffering.

Many people and places in the world still do not

know we exist or don't know who we are or what being a part of this fellowship can mean for them.

Groups and the members in Al-Anon Family Groups are our greatest resource. Your ideas, feedback and willingness to serve in various service positions at the group, district and area level ultimately support the work the World Service Office conducts day to day to keep our fellowship strong and to keep the public informed about who we are and what we do. The 12th Step is all about giving of oneself in the interest of another, and it is not limited to sponsorship or sharing at a meeting. Filling a group, district or area service position is the 12th Step in action and an important

## Calendar of Events

What	When	Where
<b>Fall 2008 Assembly</b>	Oct. 25-26, 2008	King Kamehameha Kona Beach Hotel
For information & registration forms: <a href="http://www.afghawaii.org/Assembly_flyers/2008_Fall_Assembly_Reg.pdf">http://www.afghawaii.org/Assembly_flyers/2008_Fall_Assembly_Reg.pdf</a>		
<b>47th Annual Hawai`i AA Convention (with Al-Anon Participation)</b>	Nov. 13-16, 2008	Hawai`i Convention Center, Honolulu, Hawai`i
For information and registration forms: <a href="http://shell.lava.net/~bconv/">http://shell.lava.net/~bconv/</a>		
<b>O`ahu Information Service Meeting (OIS)</b>	Nov. 22, 2008	Trinity Missionary Baptist Church 3950 Paine Circle Honolulu, Hawai`i
9 AM ..... workshop 10:30 AM ..... business meeting		





# Hawai`i's District Doings

## East Hawai`i District

Are you ready for Part Two of What's in a Name? "Step Study Thursdays AFG" is an open meeting and currently uses the CAL *Paths to Recovery*. It is co-located with a closed AA meeting in the Pahoia Community Center from 7-8 p.m. The huge meeting hall can easily hold 50 people, and for the small group the quiet is comforting, but what does HP have in mind? Hhmmm.

How about "Three Times Mo' Bettah AFG"? Ehh? (Say What?) No Can!?! Can! It's the reflection of an "Aha!" moment or "spiritual awakening" by couples and close friends of both programs for being blessed with three recovery programs for the whole family. This open Al-Anon meeting is co-located with Alateen and an open AA meeting on Tuesdays, 5:30-6:30 p.m., at Puueo Community Center in the Clem Akina Park, Hilo, and uses *How Al-Anon Works*. The fifth Tuesdays of each month are potluck fellowship with speakers from the



three programs.

The year-long run of the "Al-Anon Spoken Here AFG" ended with its final meeting on August 3, 2008. With the closing of a door, the District looks forward to a new door opening.

Once again we had "A Day In Al-Anon," the annual joint fellowship of East & West Hawai`i Districts on August 16. Using the WSO format for Chapter 2 of *Opening our Hearts, Transforming our Losses* was very helpful for the 50 members including an Alateen. The presence of the Area Alateen Coordinator as the spiritual speaker, and the Area Literature Coordinator's service as moderator made the day even greater.

The Silent Auction and Potluck Fellowship on July 4 was another successful gathering of both programs; and GRs are assured of full assistance for the Fall Assembly. Come as you are next year: there's plenty of food, and bring your horn if that's your groove.

July 21, 2008, marked the beginning of monthly Al-Anon speak-

## Pu`uhonua O Kona Hawai`i World Service Fall 2008 Assembly

October 25-26, 2008

King Kamehameha Kona Beach Hotel

Hosted by District 7, West Hawai`i

Fall Assembly Registration Form must be received by Oct. 1, 2008.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Position: \_\_\_\_\_

Group/District/Area: \_\_\_\_\_

Please Mark Your Selection(s)

**Package A: ----- \$88.00**  
Registration, Saturday lunch, dinner and speaker meeting, Sunday breakfast, lunch and spiritual speaker

**Package B ----- \$46.00**  
Registration, Saturday dinner & speaker meeting

**Package C ----- \$16.00**  
Registration, Saturday speaker meeting, Sunday spiritual speaker

Other options (must be purchased with one of the above packages):

Option 1: Saturday lunch----- \$20.00

Option 2: Saturday dinner----- \$30.00

Option 3: Sunday breakfast credit----- \$ 8.00

Option 4: Sunday lunch ----- \$14.00

**Total Amount Enclosed: ----- \$ \_\_\_\_\_**

Please make checks payable to **West Hawai`i District** and mail with completed form to Emi Pilant, Fall Assembly Registration, 73-1263 Lihau St., Kailua-Kona, HI 96740

Lodging reservations must be made by phoning the hotel at 800-367-2111 or 329-2911 (Big Island). Ask for the HWS Fall Assembly rate, which is \$95 plus tax per night for up to 4 in a room.

More information and forms are available at [http://www.afghawaii.org/Assembly\\_flyers/2008\\_Fall\\_Assembly\\_Reg.pdf](http://www.afghawaii.org/Assembly_flyers/2008_Fall_Assembly_Reg.pdf).

## Delegate (Continued from Page 1)

part of our recovery.

It has been an absolute honor to serve as your Delegate and hard to believe that my 3-year term is coming to an end. It has been an absolutely wonderful experience and has contributed significantly to my understanding and growth in the fellowship. Your support over my term has been awesome. I am so grateful to all of you for the love and encouragement you gave me on this journey. I sincerely hope that you open your hearts and minds to volunteering and filling a service

position, whether it is in your group, District or Area. Outside of coming into Al-Anon, it could be the best thing you do for yourself.

Remember: WE are the future of Al-Anon and Alateen. Let It Begin With Me!

Love in Service,  
Cecily, Delegate  
Hawai'i Area



## Al-Anon Public Outreach

Please print this page and read it at your next Al-Anon meeting.

### Let It Begin With Me

When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there, and let it begin with me.

### September is Recovery Month.

Here are some ideas for public outreach:

- Take current Al-Anon Meeting Schedules to AA Meetings for distribution.
- Donate copies of *Al-Anon Faces Alcoholism* to a treatment center.
- Drop off Al-Anon literature

with physicians, therapists, clergy and other professionals.

### Suggested Literature:

- *Al-Anon Faces Alcoholism* 2008
- *Professional Referral Pad* (M-77)
- Outreach Bookmarks (M-76)
- Local Al-Anon Meeting Schedules.

When you buy literature from your local distribution center, you support your local group.

Remember to put your local district phone number on each piece of literature you distribute.

Love In Service,  
Marilyn M.  
Public Outreach Coordinator  
Hawai'i Area

ers at the Big Island Substance Abuse Center (BISAC) – a treatment facility similar to Hina Mauka. Contact our District Public Outreach Coordinator to sign up as a speaker or to sit in as an observer.

Grateful for the support and efforts of the members in recovery and service,

WM (for some that's short for Bill)  
East Hawai'i District Representative

## West Hawai'i District

West Hawai'i members have been busy this summer. One member won the E-cal competition for best multi-media presentation, one member was published in the *Forum*, and one member has two sharings published in our latest book, *Discovering Choices*. Two members joined the Hawai'i contingent attending the International in Pittsburgh, a most inspiring event. Meeting members from all over the world, parading in local kine clothes and seeing those blue badges in restaurants all over Pittsburgh made for a wonderful few days. Some were heard to say "those folks from Hawai'i are everywhere."

East and West met in the middle in Waimea for the second annual "Day in Al Anon" on Au-

gust 16th based on the WSO suggested format for our new book *Opening Our Hearts*. Many, many thanks to the East side of the island for their work in organizing the day. Thanks, too, of course, to the folks from District 7 who supported the day and helped with food and coffee.

Plans continue to come together for the Fall Assembly, October 25-26 at the King Kamehameha Hotel in Kona. Besides the usual events Saturday and Sunday, a tour of the Greenwell Museum is

planned for Friday afternoon and a potluck fellowship and dance is planned for Friday night. Registration forms have been emailed to all DRs and are available on the Hawai'i website. We discovered that the 800 number for the King Kam has been changed since the registration flyer was prepared. The correct number to register for rooms is 800-367-2111.

District elections for the upcoming panel are scheduled for October 1. The district meeting will be held at 5:30 PM at West Hawai'i Community Health Center, 75-5751 Kuakini Highway, Suite 104 in Kona Town.

Jo-An B.  
West Hawai'i District Representative



# Hawai`i Area Literature Coordinator Wins Big

Hawai`i may be a small Al-Anon Area but it made out big in a national Al-Anon contest.

Steve A., our very own Hawai`i Area Literature Coordinator, won first prize for "Best Use of Multi-Media" in AFG's first Electronic Conference Approved Literature (e-CAL) Contest. Steve's submission, *Step One*, bested all others in that category that were submitted to World Service Office between January 1 and May 31, 2008. All submissions had to meet e-CAL criteria, including being identifiably Al-Anon in content and feeling, being understandable by a broad-based audience. Submissions then had to be approved by the e-CAL and Policy review teams to be entered into the contest. A panel of judges review the submission and chose the best in five categories.

**Way to go, Steve!**



factually accurate, timely and understandable by a broad-based audience. Submissions then had to be approved by the e-CAL and Policy review teams to be entered into the contest. A panel of judges review the submission and chose the best in five categories.

Steve's winning contribution, which combines his voice-over with graphics and text to describe the necessity of taking Step One, was run on the marquis for the viewing pleasure of all 4,000 attendees at the Al-Anon International Convention, which was held in Pittsburgh, Pennsylvania, July 3-5, 2008.

The winners of the other categories were :

- Best Use of Audio -----*I See the Light;*
- Best Use of Images (tie between) -----*From Control to Serenity* and -----*Learning Acceptance*
- Best Public Outreach Message-----*What Can I do About the Drinking?*
- Best Overall-----*1 888 4Al-Anon*

Kudos to Steve for a job well done! To view Steve's prize-winning entry and the other winners, go to <http://www.al-anon.org/members/eCAL/results.html>.

# Looking for Something to Read?



Al-Anon's newest book, *Discovering Choices*, has reached Hawai'i's shores. A sneak peek at AFG's

latest book is available at <http://al-anon.alateen.org/b30.html>. A limited number of this piece of Conference-Approved Literature (CAL), are available from the Hawai`i Area Literature Distribution Center (HALDC) at a cost of \$15 each plus 8% shipping and handling. As an added bonus, pages 82 to 84 contain the sharing of a Big Island member of Al-Anon.

**Al-Anon World Service Office has published** a new guideline, *Reserve Fund Guideline*, G-41, to help groups, districts and areas determine what an ample reserve would be. It contains financial inventories for each service level, as well as

suggestions for setting budgets. Copies of this useful guidelines are available to download at <http://al-anon.alateen.org/member/pdf/guidelines/G41.pdf>

**Hawai`i Al-Anon member Laura B.** has a sharing on Tradition Eight on page 35 of the August 2008 issue of the *Forum*.

**The Al-Anon World Service Conference 2008 Summary** is now available online at <http://al-anon.alateen.org/members>. Your password is your home group name followed by "afg."

**Alateen's 4th Step Inventory (P-64)** has been given a facelift. The content is the same, but "updated graphics and illustrations make it even more awesome," according to the Al-Anon website. The workbook format provides meeting topics and room to write.

## Quarterly Contribution Addresses

Voluntary donations from each group submitted on Feb. 1, May 1, Aug. 1 and Nov. 1 to:

**Local District:** Please contact your District Representative.

**Hawaii Area:** Checks payable to AFG Hawaii World Service Committee  
c/o Mary O  
45-535 Luluku Road, Apt D-6, Kaneohe, HI 96744

**World Service:** Checks payable to AFG Inc.  
1600 Corporate Landing Parkway  
Virginia Beach, VA 23454